

ARTICULATION HOME PRACTICE

SELF-MONITORING STRATEGIES



THINK

Think about your speech sound(s) while speaking.



ATTEMPT

Attempt to use correct speech sound production while speaking.



CORRECT

Try to correct any mistakes or mis-articulations you make while speaking.



SLOW RATE

Use a slow rate of speech.

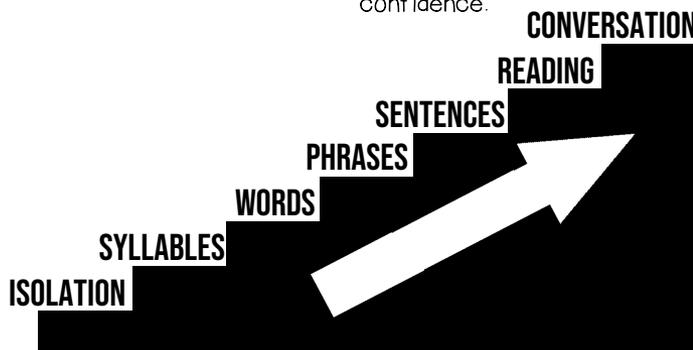


CHECK-IN

Check-in with your conversational partner. Did they understand what you were trying to say?

LEVELS OF DIFFICULTY

If your student is becoming frustrated or having a lot of difficulty using their sound at the conversation level, try moving backwards to an easier level of difficulty, in order to build confidence.



HOW CAN PARENTS HELP?

- Talk about your student's goals and/or targeted speech sound with them daily.
- Practice with your student everyday.
- Try to avoid pushing your student to frustration. If they are close to a correct production, praise them! Sometimes it's best to move on and come back to practice at another time.
- Understand that changing a student's speech patterns takes time and frequent reinforcement. It cannot be done through speech therapy alone.
- Practicing correct sound production is just as important as listening to correct sound production.. Model correct speech for your student.
- Refer to your child's IEP or therapist for specific speech sounds they're working with and/or goals they may have.

ARTICULATION HOME PRACTICE ACTIVITIES

Color in the boxes of the activities after you complete them. Use your best articulation skills.

SUN	MON	TUE	WED	THU	FRI	SAT
Sound hunt! Find 5 items with your speech sound.	Play a board game. Use your best speech.	Say 10 words with your speech sound.	Make 10 sentences using words with your sound.	Eat dinner as a family. Use your best speech!	Play with a friend. Can they understand you?	Read a book. Make a list of words with your sound.
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