Below are some activities that you can do with your child in order to support their understanding and use of some of the most functional, early developing words!

**More**

1. Pause preferred activities and either model or cue your child to say "more" before continuing. This is a great word to practice while playing with **bubbles**, **ball ramps**, or

2. During **snack time**, give your child only a small portion of the food and either model or cue them to say "more"

3. Pause preferred **physical activities** (such as swinging, spinning, and tickle play) and either model or cue your child to say "more" before continuing.

**Go/Stop**

1. Put your child in a **spinning** chair or pick them up. Practice "go" to spin the chair or your body.

2. **Push cars or balls** down a ramp practicing "ready, set, go"

3. Use a **spinning toy** to practice "go"

4. Create a **pillow pile** (or use a bed). Either holding or running with your child, practice saying "go" and then crashing into the pillows.

5. Play "**tag**" where you run with your child after saying "go"

6. Play **freeze dance**. Put on your child’s favorite music and practice "go" to start dancing when the music is turned on and "stop" to start dancing when the music is turned off.

7. Practice "ready, set, go" with **bubbles**.

8. Download **"go go redball"** on your iPad to play together.

**Fast/Slow**

1. Put your child in a **spinning** chair or pick them up. Practice spinning them “fast” or “slow”

2. Have **cars/trains** drive and practice going “fast” or “slow”

3. Try playing a game of **red light/green light** where you move “fast” or “slow”

4. Play **freeze dance**. Put on your child’s favorite music and practice dancing either “fast” or “slow”

5. Put your child in a basket, roller chair, scooter, or blanket then practice **pushing/pulling them** “fast” or “slow”

**Open/Close**

1. When **opening a door**, prompt your child to request "open." Model "close" when you've closed it behind them.

2. Make item #1 into a **game** where you hide some of their favorite things behind doors and then practice requesting "open" to see what it is.

3. Use **easter eggs** to practice "open." You can hide preferred items inside of them.

4. When eating **snacks**, have your child request "open" to open the bag/container.

5. Play **peek-a-boo** where you practice "close" eyes and "open" eyes. Reward requests for open with silly, rewarding actions, like tickles.

6.  Have fun making **silly faces** by letting your child direct you to “open” and “close” your eyes, nose, and mouth.

7. Cover **sensory bins** (like water bucket, bean bin, etc.) and have your child request "open."

**Up/Down**

1. Model "up" and "down" with **cars/balls on a ramp** or with your child on a **slide**.

2. Model "up" and "down" with **balloons/balls by throwing** them in the air.

3. Practice doing some **physical activities** with your child where a) you're on your back and lift them up/down with your legs, b) you hold your child and flip them upside-down on "down" and then lift him back up on "up."

4. If you have a **swing**, practice building anticipation  by having your child go "up...up...up" slowly before letting go.

5. **Stack blocks** by having them go "up" and then crashing them "down." If your child is not interested in building the tower, you can always build it for them and then knock it "down" together.

6. Have your child request "up" to be **picked up**, put in a chair, etc. and then request "down" to **get down**.

7. Practice **blowing bubbles** or **spraying a hose** in different directions -- straight down at the ground or up in the air.

8. Model "up" and "down" with the **toys** that your child likes.

**On/Off**

1. Model "on"/"off" while **stacking blocks**

2. Model "on"/"off" while **putting things on vertical surfaces**, such as magnets or squigz

3. Model "on"/"off" during **play with blankets/pillows**, taking them on and off your child while building anticipation

4. Model "on"/"off" while **stacking or dropping toys** on your child

5. Practice putting different **toys on your head** while practicing the word "on." You can then make it fall off by saying "ready, set, go" or sneezing. Bringing toys up to your head/eyes can help with improving eye contact.

**In/Out**

1. Model "in"/"out" while **taking out and cleaning up toys**

2. Model "in"/"out" during play with a **sensory bin**.

3. Model "in"/"out" during **play with a tunnel**, turning into a peek-a-boo style game

4. Model "in"/"out" (and “eat”!) during play with a **puppet**, having the puppet put different things in its mouth and then spit them out when requested

5. Practice putting different **toys on your head** while practicing the word "on." You can then make it fall off by saying "ready, set, go" or sneezing. Bringing toys up to your head/eyes can help with improving eye contact.