a simple guide to early sign language

all pictures and instructions are taken from babysignlanguage.com *for more signs, visit their website!





Flatten out your hands then bring your thumbs and fingers together, to make flat 'O' hands in ASL. Then, bring your hands together and pull them apart repeatedly





Take your dominant hand with fingers extended and held together, and thumb extended and sticking out. Take the hand with palm facing in and rub it in a circle on your chest





Extend your fingers and thumb. Touch you fingers to your chin and bring your fingers forward





Start with your hands together with palms facing you. Swing your dominant hand apart and away from your non-dominant hand





Start with palms facing in, then turn the hands so that they are facing out





Stick your thumbs and pinkie fingers out, while curving the rest of your fingers in. Then wiggle both hands around and in front of you



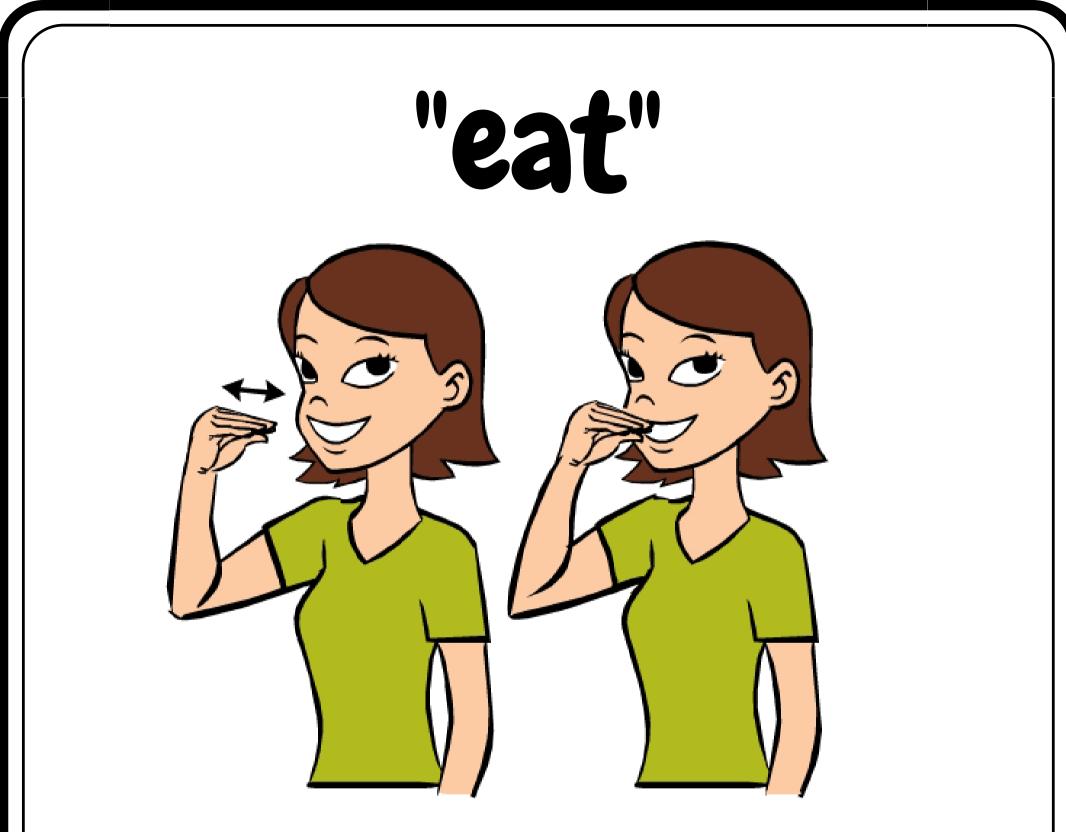
Place your closed-fist, dominant 'A' hand on top of your non-dominant open palm, and move both hands upwards





Point with both hands to the direction you wish to go



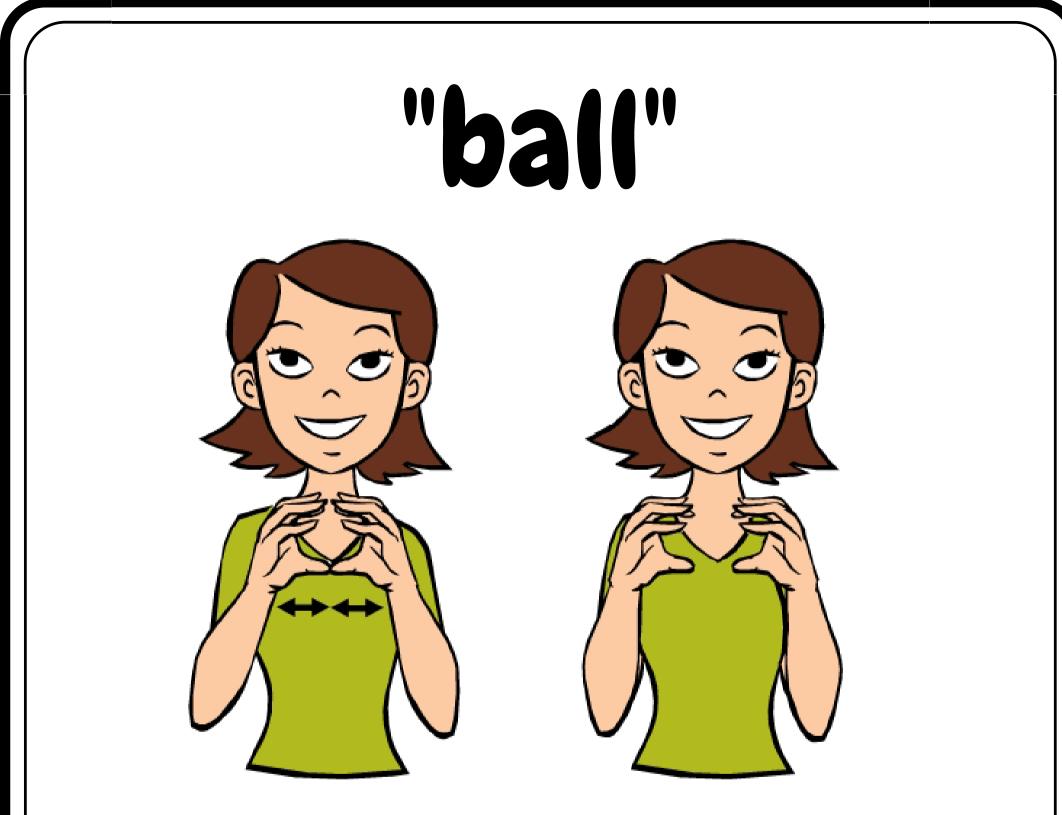


Take your strong hand, with the tip of your thumb and touch the tips of your fingers and tap them on your mouth





Make your hand into a 'C' shape, as if holding a cup in your hand. Take your hand up to your mouth as if drinking from the cup.



Put the fingertips from each hand together with your palms separated but facing each other. Now move your hands apart and together, so your fingertips separate and then touch again

SLPplease



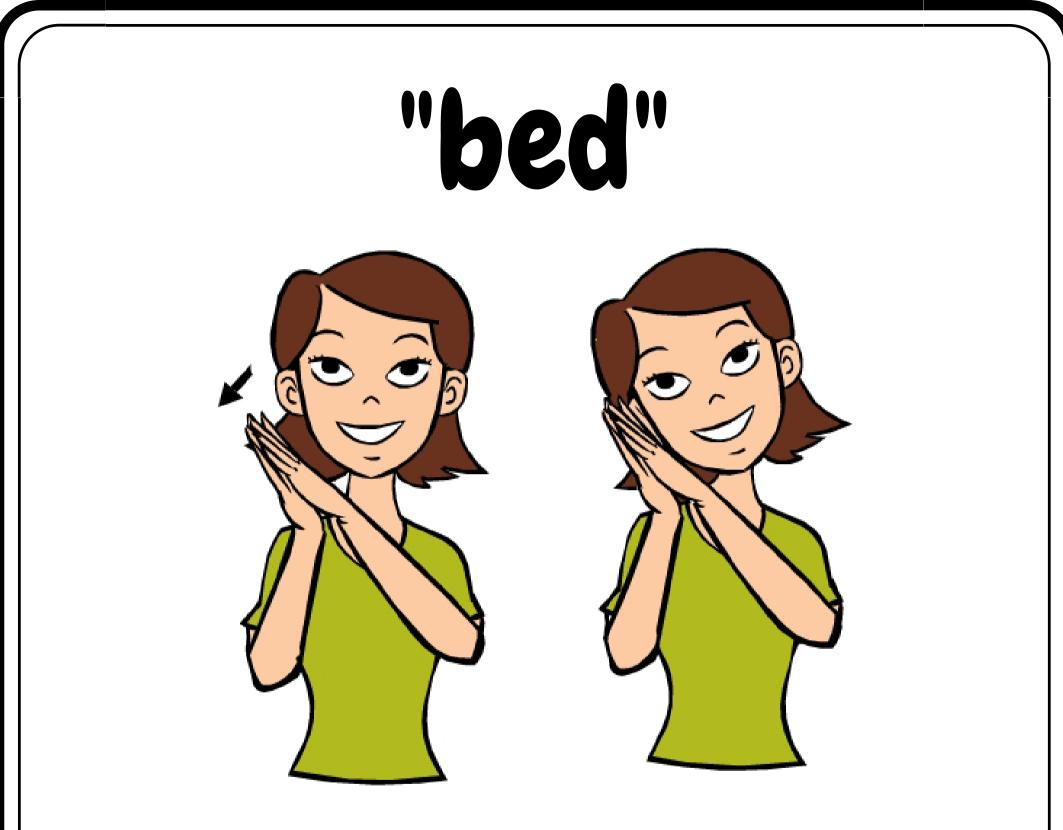


Extend and spread your fingers apart on your dominant hand. With your pinkie facing forward, tap your thumb on your chin





Make the number '5' in ASL, extending and spreading out the five fingers on your dominant hand. Then tap the thumb end of your '5' hand on your forehead.



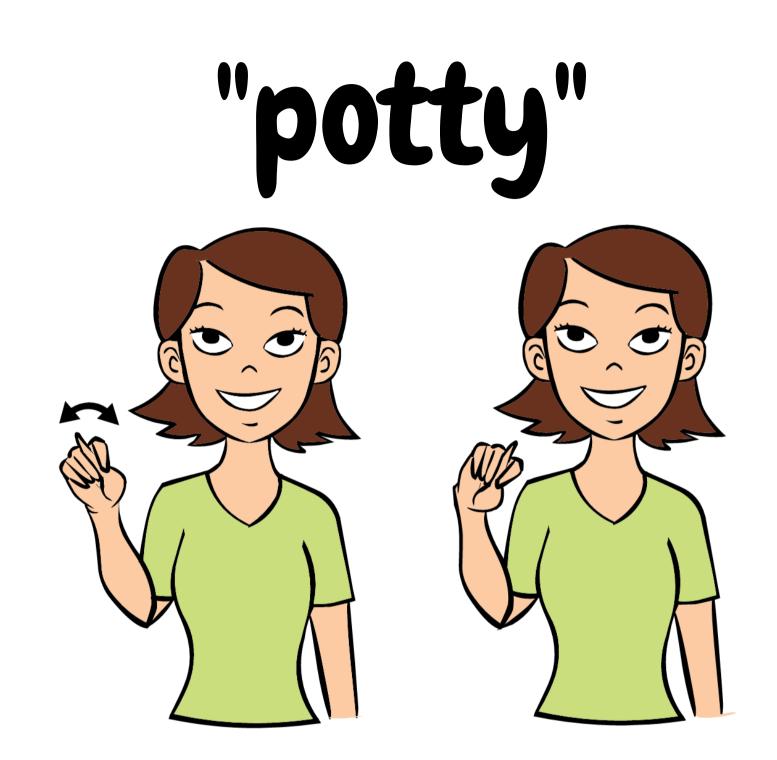
Put your two hands together, palm-to-palm. Then place your hands at an angle by the side of your head, and rest your cheek on your hands as if they were a pillow



Put up your thumb, index finger and pinkie finger, while keeping your ring finger and your middle finger down. Hold the hand out, palm facing away from you and move it back and forth slightly

SLPplease





Make your hand into a fist, then peek your thumb out between your bent index and middle finger. Hold your fist out and shake it.