

# **STEPS TO EATING**

- chews and swallows whole bolus independently
- bites & chews, swallows some and spits some

## **EATING**

- bites piece, chews "x" times & spits out
- bites piece, holds in mouth for "x" seconds & spits out
- bites off piece & spits out immediately
- full tongue lick
- licks lips or teeth, tongue tip taste

## **TASTE**

- tip of tongue, top of tongue
- teeth
- lips
- nose, underneath nose
- chin, cheek
- top of head
- shoulder, neck
- arm, trunk/chest
- whole hand
- fingertips, finger pads
- one finger tip

## **TOUCH**

- leans down or picks up to smell
- odor in child's forward space
- odor at table
- odor in room

## **SMELLS**

- uses another food to interact with the food
- uses utensils/napkin/tool to manipulate food in own space
- uses utensils or container to serve self onto own plate/space
- uses utensils or a container to stir or pour food/drink for others
- assists in preparation/set up with food

## **INTERACTS WITH**

- looks at food when directly in child's space
- being at the table with the food just outside of child's space
- being at the table with the food ½ way across the table
- being at the table with the food on the other side of the table
- being in the same room

## **TOLERATES**